

CERTIFICATE

OF PARTICIPATION

This is to certify that

Muhammed Zaakir Esstek

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 02:02:48

PACE 05:49/km

GENDER 148 of

443

OVERALL 164 of 766

SENIOR (20- 90 of 215

39)

26 October 2019, Sat Date

